

Mountain Magic Covid-19 plan

June 26-27, 2021

PRE-RACE AND DURING

- Pre-registration will be online. Same day in-person registration will be limited and organizers will ensure 6-foot distancing in registration cue lines.
- bib numbers and activities packets are mailed to participants will be mailed as possible. Same-day packet pickup will start 90 minutes ahead of time, with 6-feet distance kept between participants. Race bib and other elements will be pre-packaged to facilitate quick processing. Same-day registration will happen at a separate table with the same guidelines.
- Employees and volunteers will wear facial coverings and maintain physical distance in compliance with current guidelines.
- Participants will be instructed to bring their own water bottles.
- pre-race email and signage at activity site will instruct participants that they cannot participate if they have been diagnosed with COVID-19 (have not recovered or are still within the required 10-day isolation period), had symptoms of COVID-19 (within the last 24 hours), or had contact with a person that has or is suspected to have COVID-19 (within the last 14 days).
- Portable restrooms, handwashing or hand sanitizing stations will be frequently cleaned and appropriately disinfected throughout the day.
- The organizers will employ one site specific COVID-19 supervisor and additional safety monitors if needed, trained in the Washington State guidelines contained here, to ensure physical distancing, implement hygiene protocols, and ensure face covering requirements are adhered to during all hours of operations.
This may require assigned safety monitors.

AT THE START

- Lines at toilets will be managed such that there is at least 6 foot of distance between all participants waiting in lines. The organizers will provide a hand washing station or hand sanitizer at all restroom stations.

ON THE COURSE

- Participants will be instructed at registration, by signage and at start line to:
- remain 6 feet from other participants on the course as much as possible
- wait to pass another runner until a wide trail is reached
- when necessary to pass, call out “on your right.”
- while passing, keep as far right as possible and look to the right as they pass
- while being passed, slow to a walk to allow quick passing

STAGE 1 ADDITIONAL ELEMENTS

Starting waves of 10 participants or less will be used with no more than one wave starting every minute and no more than 200 total participants starting per hour, with no more than 3 consecutive hours of starting waves. Waves will be sequenced by pace with faster racers going first, then working towards the slower racers. The starting area will be limited to no more than 50 participants at any time awaiting their staggered starts. Participants waiting for their start time will maintain at least six feet of distance from all other people and wear face coverings until their race begins. Additional

participants will be instructed to wait in their vehicles or away from the course until their start time approaches.

- Spectators will not be allowed. A member of the same household of a participant or a coach will be allowed to provide support for a participant along the activity area including providing hydration and nutrition supplies, gear replacement and repair, or trash disposal in locations other than the activity-crew supported hydration and nutrition stations. The support person will be instructed to remain at least 6 feet away from all people aside from their athlete and to avoid the start and finish area.

- No congregation of more than 5 people will be allowed at hydration and nutrition stations at any one time. Participants will obtain hydration and nutrition supplies and then proceed. Hydration and nutrition station crews will maintain 6 foot separation from participants and each other at all times and wear facial coverings.

- No congregation will be allowed at the activity start or finish area. Participants will be instructed to leave the activity area when finished. No exhibitors, food vendors, beer gardens, awards ceremonies, or after party activities will be allowed in the activity start or finish area.

STAGE 2 ADDITIONAL ELEMENTS

- Starting waves of 30 participants or less will be used with no more than one wave started every minute and no more than 500 total participants started per hour. No more than 3 consecutive hours of starting waves will start per day. Waves will be sequenced by pace with faster racers going first, then working towards the slower racers to reduce likelihood for congestion or passing on the course. The starting area will be limited to no more than 100 participants at any time awaiting their staggered starts. Participants waiting for their start time will be instructed to maintain at least six feet of distance from all other people and wear face coverings until their race begins. Additional participants will wait in their vehicles or away from the course until their start time approaches.
- Spectators will be limited to groups of 15 from no more than 2 households and total spectators limited to a maximum of 200 at either start or finish areas. Spectators will remain at least six feet distanced from other spectators outside their household. Each participant may have one designated person to provide support for a participant along the activity area including providing hydration and nutrition supplies, gear replacement and repair, or trash disposal in locations other than the activity-crew supported hydration and nutrition stations.

AFTER THE EVENT

- Organizers will retain registration data for 28 days after the activity to aid possible contact tracing.